**«Emergency treatment for obstruction of the upper airway (cricothyrotomy)»**

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| **№** | **Step** | **Step-by-step actions when performing a skill** |
|  | Examined the patient's condition, assess the situation (determine the clinical diagnosis) | Examined the patient, assessed his condition at the time of asphyxiation. Clinically established a preliminary diagnosis. Decided to hold a cricothyrotomy. |
|  | Prepare yourself and prepare the patient for a conicotomy | Put patient on a hard horizontal surface. Put a roller under patient’s shoulders. Put on gloves, treated hands with anesthetic. |
|  | Demonstrate the location of the conical ligament | Felt the thyroid cartilage and slid finger down the median line to the next projection (ring-shaped cartilage). Accurately determined the conical ligament-the place of the subsequent incision (the depression between these two cartilages). Spoke an anatomical feature: "In women, the cricoid cartilage is more easily determined» |
|  | Listed a set of tools | Listed necessary tools for cricothyrotomy: scalpel, tracheostomy tube, trousseau dilator, AMBU bag. |
|  | Perform a conicotomy and comment on the actions | Fixed the skin with 2 fingers of the left hand over the thyroid gland. With the fingers of the right hand, grabbed the cutting tool two centimeters from the tip to prevent perforation of the posterior wall of the trachea and made a transverse incision at an angle of 90 degrees, simultaneously dissected the skin and the conical ligament (for left - handers, vice versa). |
|  | Identify and comment on the importance of using the AMBU bag | Determine the localization of the conical tube using the AMBU bag. |
|  | To monitor the patient's condition after conicotomy | Performed monitoring of the patient's condition. Using the AMBU bag stated the presence of a chest excursion. |
|  | Demonstrate the skill of wound treatment, taking into account the rules of asepsis | Observing the rules of asepsis, applied 2 sterile bandages around the wound and fixed it with a plaster, bandage or tape. |
|  | Checked the patient's condition one more time | Checked the patient's condition one more time: blood pressure, heart rate. The presence of an excursion commented on the effect of a cricothyrotomy on a chest excursion. |
|  | Determine the effectiveness of breathing through a conical tube | In the absence of breathing on her/his own, conducted an artificial ventilator through a conical tube with an AMBU bag, before the arrival of an ambulance. The skill has completed. |