**«Examination of ENT organs using a frontal reflector»**

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| № | **Step** | **Step-by-step actions when performing a skill** |
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| 1. | Establish initial contact | He greeted, introduced himself to the patient, made the patient sit down.I asked for my name, age, profession. Asked for complaints. |
| 2. | Interrogate the patient's complaints.Get consent. | Explained to the patient the essence of the manipulation. Received consent to conduct. |
| 3. | Put on meanspersonal protection. | I washed my hands. Put on sterile gloves. Prepared the necessary tools. (Reflector, ear funnels) |
| 4. | Prepare medical instruments and supplies. | The reflector is attached to the forehead with a headband. The reflector hole is placed opposite the left eye. He removed the reflector from the examined organ to a focal length of 25-30 cm. With the help of the reflector, he directed the beam of reflected light to the NSP of the subject. The examination was carried out with two eyes, with the left eye looking through the hole of the reflector, and with the right eye in addition to the reflector. |
| 5 | Pick an ear funnel | I picked up an ear funnel with a diameter corresponding to the diameter of the external auditory canal. |
| 6 | Examine the external auditory canal | During otoscopy on the right, he pulled the right auricle backward and upward with his left hand, with the thumb and forefinger of his right hand inserted the funnel into the membranous-cartilaginous part of the external auditory canal without effort by no more than 0.5 - 1 cm.When examining the left ear, the auricle was pulled back with his right hand, and entered the funnel with his left hand. |
| 7 | Examine the eardrum | Made minor movements of the outer end of the funnel in order to consistently inspect all parts of the tympanic membrane. |
| 8 | Describe the otoscopic picture | He described the otoscopic picture: the external auditory canal is wide, the skin is pink, clean, a small amount of earwax. The eardrum is gray, shiny, with distinct contours and identifying points. In the presence of perforation of the tympanic membrane, he described its localization, shape, size, nature of the edges, the contents of the tympanic cavity and the state of the mucous membrane of the tympanic cavity. |
| 9 | List the landmarks | Listed identifying points: navel, light reflex (or light cone), malleus handle, short process of malleus, anterior and posterior malleus folds |
| 10 | Make a preliminary diagnosis | He removed the ear funnel from the ear. He took off the reflector. I made a preliminary diagnosis. Gave recommendations and said goodbye. |