**«Palpation of the abdomen»**

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| **№** | **Steps**  | **The algorithm of actions** |
| 1. | Established contact with the patient. | He greeted, introduced himself. He asked the patient to introduce himself. Explained the course and purpose of manipulation. |
| 2. | Gave the patient the correct position. | The position of lying on the back, with the legs bent and somewhat led to the stomach, lowered along the body with the hands, for maximum relaxation of the anterior abdominal wall. |
| 3. | I checked the voltage of the anterior abdominal wall. | He placed his right hand with his whole palm on his stomach and then made a smooth small pressure with his fingertips on the front abdominal wall. |
| 4. | I started surface palpation. | Surface palpation begins with the left iliac region, in an overdose against the course of the clockwise, i.e. After the left iliac region, the left flank was broken down from the bottom up to the left hypochondrium, then the overcrowal region, the right hypochondrium and the right flank from top to bottom to the right venerable region. |
| 5 | I carried out approximate palpation along the midline. | Palpation is carried out from top to bottom from the masculine process to the right -handed region. |
| 6 | Next, he carried out the method of surface palpation symmetromically located areas of the abdomen. | After palpation of the left iliac region, the palpating hand transferred to the symmetrical section of the right iliac region. Then he again returned his hand to the left side, each time rising 4-5 cm above the previous Palpation place. |
| 7 | Palpation was carried out alternately to the left and right lumber of the abdomen from the bottom upwards. |  |
| 8 | He finished it with palpation of comparative palpation along the midline. | He installed a palpating hand under a meshivate process, then translated his palpating hand over the bosom, and we again rise up 2-3 cm below the previous place of pedalpation. |
| 9 | Spoke the result of the palpation | On palpation, I drew attention to:-The will of dense formations, nodes.-ling the abdomen, the flattened shape of it can be signs of ascites-Puholar formations in the upper and lower sections of the abdomen and navel area |
| 10. | He specified his well -being in the patient. I made a preliminary diagnosis. Say goodbye. |  |